

«SELF-COGNITION» AS A WAY OF OVERCOMING SPIRITUAL AND MORAL CRISIS AMONG THE YOUTH IN THE CONDITIONS OF GLOBALIZATION

The article discusses the spiritual and moral crisis in the present conditions of globalization. In the youth environment disappeared notions of the true spiritual, cultural and national values and ideals, it has become the scene of unrestrained egoism and moral chaos. Self-cognition, whose main purpose is the spiritual and moral education of the person is the one of the way to overcome this crisis.

K e y w o r d s: spiritual and moral crisis, globalization, self-cognition, youth, crisis.

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«САМОПОЗНАНИЕ» КАК СПОСОБ ПРЕОДОЛЕНИЯ ДУХОВНО-НРАВСТВЕННОГО КРИЗИСА У МОЛОДЕЖИ В УСЛОВИЯХ ГЛОБАЛИЗАЦИИ

В статье рассматривается духовно-нравственный кризис в нынешних условиях глобализации. В молодежной среде исчезли представления об истинных духовных, культурных, национальных ценностях и идеалах, она стала ареной необузданного эгоизма и нравственного хаоса. Самопознание, основной целью которого является духовно-нравственное воспитание личности, является способом преодоления данного кризиса.

К л ю ч е в ы е с л о в а: духовно-нравственный кризис, глобализация, самопознание, молодежь, кризис.

Globalization as a system process affects all parties and aspects of life of modern man, which has a direct influence on the formation of personality. Along with the positive aspects it also has negative consequences. The process in its essence ambiguous and controversial, on the one hand, extends the capabilities of interpersonal communication by information technologies, on the other hand, generating phenomenon of alienation, which manifests itself in the form of cooling and breaking the individual relationship with the immediate environment, loss of social ties.

Currently, with the acceleration of the pace of development of information technology has increased the possibility of people to establish contacts, obtain the necessary information, without going beyond the territorial jurisdiction. Modern man through the development of electronics and telecommunication networks in the on-line open great opportunities of communication with people from all over the globe. It means that the processes of globalization put every person to a position where it feels like a particle of the world community and feels the expansion of the boundaries of objective reality.

The processes occurring in the Internet space have significant influence on the consciousness of young people. Along with the creative potential of various programs, television projects, periodicals, the Internet network a lot of information have a negative impact on the minds of young people and adolescents, promoting violence, evil and immoral tendencies. In this connection it requires a filter of information affecting the minds of young people, and this filter can only be spiritual and moral human values of each person. But recent decades society is experiencing a painful period associated with the strengthening of moral and spiritual crisis of youth in all its aspects (moral, social, physical and mental).

The reason for this assertion is:

1. The presence of low level of national consciousness, mentality, citizenship and patriotism in a certain part of today's youth. Especially it concerns the part of young people who not only not know their mother tongue, but also does not know properly the history, customs and traditions of its nation, thus neglecting the simple truth: for the death of folk really not need to complete physical destruction – rather just take his memory, thought and word – and the soul of the nation will be killed.

Historical experience shows that lack of knowledge of the culture his nation, its past and present leads to the destruction of communication between generations, connection times, causing irreparable damage to human development and the people as a whole.

2. The increase among young people of religious beliefs of various kinds; the growth of juvenile delinquency, alcohol abuse, smoking, drug; a higher incidence of suicide, prostitution, cruelty, anger, aggression, etc.; stable trend unwillingness of young people to the defense of the Fatherland, which manifests itself in a negative attitude toward military service and military careers, reducing their level of physical fitness.

Youth – this is the generation that affects the future fate of each state. In the global community of youth is considered as the most important subject of social change, as a moral barometer of the society as great innovative strength and strategic resource. And so it is important to know how formed spiritually-moral level among modern youth, especially students.

Condition of spiritual and moral crisis is not stable and unchanged. By itself, the crisis is temporary and unstable state of the system, it is fraught with the disintegration through the deepening and acceleration of the destructive processes that affect all social institutions.

According to K. K. Colin, spiritual and moral crisis entails acute main global problems, what jeopardizes the existence and development of civilization [4, c. 27–45].

Scientists indicate deep transformational changes in the socio-economic, political and socio-cultural life of the community as a manifestation of spiritual and moral crisis. So, Y. I. Ardashova uses definition of «merciless» in relation to it [3, c. 152–153].

Y. V. Yakovets notes such manifestations of spiritual and moral crisis as «moral permissiveness, sexual promiscuity, crime, devaluation of human life and dignity in socialist countries» [9, c. 15–17]. V. A. Rudenko writes about «aggressive contempt for the spirituality of consumerism, social, political and civic indifference, the indifference to his own country, lack of interest in its past, even its active rejection» [8, c. 33–34].

And emerges question why is there such a big problem as the lack of human spiritual and moral when a person has created a better life for all? When power of modern man increased, the absence in it sense of responsibility became heavier and tangible, in tune with its new status in the world.

In the current of globalization, when the action moved from a turtle to a progressive, people are viewed primarily as biological organisms, economic entities or – in a more general form – as consumers. And focus, thus almost exclusively directed to the material needs of their existence. At the same time other important needs, desires and aspirations related to the social, cultural and spiritual nature of man, not viewed as major, minor.

The arguments on the issue of population, as a rule, are absolutely non-critical, false patriotic, rhetorical, praising and putting in an exclusive

position, «my people» and referring to «other» all the criticism and all the flaws. This does not make any deep, meaningful qualitative analysis of whether people can live in harmony with the present day and the present century. In essence, the only thing that really concerned in this regard modern society are education and employment problems. It is very little emphasis on such an important issue as people's ability to responsibly live and work in a specific, real, world of today, and even less – the possibilities of self-development of the individual and not use more potency, which could help people to adapt to life in a more complex future.

Aurelio Peccei, founder of the Roman club in his book «The human quality» wrote about what «the current global crisis – where all the elements of the human system were unbalanced with each other – is a direct consequence of the inability of man to rise to the level corresponding to its new powerful role in the world, understand their new duties and responsibilities in it. The problem in man himself, and not outside of it, so the best solution is connected with him and now the quintessence of everything that matters to the man himself, are the very qualities and abilities of all people. This finding, which has repeatedly confirmed, in my experience, is true in a much broader context» [7, p. 44].

What steps should take people to solve this problem. Exploring the complexity of the infinitely large and penetrating into the mysteries of the infinitely small, it is understood the unity of the universe and opened the individual elements of the natural order that brings together all things in the world. However in this process of knowledge he did not pay enough attention to what is between the two extremes, and that in fact the most important thing for him – his own world and his place in it. This was the Achilles heel of modern man.

Two aspects can be distinguished. One of them concerns the man himself and his behavior which we need to understand better. Research and reflection on this highly exciting topic began at the dawn of the development of philosophy and medicine; these problems are endless, and the process of knowledge is infinite. But it is not this aspect i mean first of all. The second of these, having a direct and important in light of the importance of today's problems, concerns the relationship between man and his environment, which is increasingly influenced by human activities. There are extremely dangerous gaps related to insufficient

knowledge of the limits and consequences of human activity in the world. These gaps need to be filled immediately. But how? If to solve this problem it was necessary to change human nature immediately, the situation would be just hopeless. We must begin with the fact that will help to harmonize human perception and, therefore, a way of existence and way of life with the real world of today and the human ability to change the world, which he recently purchased. Need is not the biological and cultural evolution, and although this process can be lengthy and complex implementation of its well within our capabilities.

By the nature of identity crisis is a spiritual and moral crisis. What happens within the individual? First of all, it is in the social exclusion of the old and the new social environment, therefore experiences a feeling of constant anxiety and depression, uncertainty, nostalgia. The beginning of the spiritual identity crisis is the loss of human meaning of life. Activity manifestation of the spiritual category and an important element in the spiritual sphere of society is the spiritual life, including the spiritual and moral education, acculturation and inculturation, socialization, creativity, religious activities, cultural practices.

In the XXI century the spirituality of man is his creative intelligence, openness of innovation are considered as the main capital of the society. What is moral? It rules, principles of conduct, behavior motives. Even in ancient Greece, Aristotle's writings about the moral person says: «Morally wonderful person is perfect dignity ... Because about moral beauty say in occasion of virtues that moral wonderful is courageous, prudent and generally who has all the virtues of man». In modern pedagogical literature, the concept «moral» is seen as an indicator of the general person culture, its merits and adherence to universal values; internal, spiritual qualities that guide people. What is meant by the concept of spirituality? This aspiration of the person elected to the goals of values characteristic of consciousness; definition of the human way of life, expressed in the quest for knowledge of the world and, above all himself, searching and opening himself as value, self-improvement, in an effort to find answers to the «eternal questions of life» – about the world, the truth about good and evil.

Spiritual and moral education shall be construed as focus on high moral values. Accordingly, the content of spiritual and moral education

should be: the formation of a sense of duty and responsibility for their country and their behavior, the need for labor, humane attitude towards others, respect for nature, law-abiding, the formation of socially approved views and relations in family life, development of communication skills, communication culture, needs and skills in self-cognition and self-education.

Someone from the great said: «What is there complicate matters unnecessarily with education? Fill a human's soul by beautiful and it will be brought up». Issues of morality and spirituality, education issues in general have always been concerned the best minds of mankind. In all times it was great the role of education, which opens up new possibilities of understanding human phenomena of reality. As spoke Montaigne: «Genuine reasonable education changes our minds and our morals».

Today education is not only the amount of knowledge, but also involves the development of spiritual and moral qualities of youth that contribute to the formation of a human conscience, citizenship and humanism.

S. A. Nazarbayeva in search of an answer to eternal questions, wrote: «I don't doubt for a minute: to answer all of these eternal questions of existence, it is necessary to revive human values, return their own roots. And necessary to revive the ethic of life instead of those "civilized etiquette" conventionalities, which we used for long time, forgetful children of the XX century. After all, the people from immemorial time owned and used these values ... drew water from a crystal spring of spirituality. But our contemporaries have simply forgotten the way to the sources in the rapid pace of the last few decades. And i am sure that searching the road to a spring with crystal source of spirituality is a task of problems for everyone ... Or if you prefer, call it the road to the temple of knowledge about man» [6, c. 70].

What benefit of progress and education, if the person can not get rid of anger, greed, envy, lives suffering and causing suffering to others. This was said by the great Kazakh classics. For example spiritual receiver and a student of Abay, philosopher-thinker, historian, poet Shakarim Kudayberdyuly suggested scientists to develop and introduce the «science of Conscience» as mandatory for all educational institutions. He thought:

«The basis of a good man's life are the three qualities that should rule over all; honest work, conscientious mind and sincere heart ... With youthful nails need to educate in people the sense of high integrity, self-respect, that would help to get rid of a animal instincts, to eradicate harmful desires» [5, c. 221].

In this context, a significant event in the development of educational system of the Republic of Kazakhstan was the introduction in the 2010/2011 academic year, the program of moral and spiritual education «Self-cognition» from pre-school on high school stages. The author of this idea is the founder of the national movement for the protection of children's rights, the president of the Foundation «Bobek» Sara Alpysova Nazarbayeva – author of the project «Self-cognition». The innovative discipline called upon to play a key role in the formation of values of young people in a constantly changing world. Self-cognition makes up for the missing link in the system of modern education, promoting the personal and social development of children and youth. The basis of this discipline constituted core moral and spiritual values and personal qualities that enable a person to live in harmony with oneself and the world. Without belittling the importance of other subject areas, but increase their student-centered character, self-promoting education of youth in the spirit of humanity, philanthropy and charity. Its main goal – to revive human values to teach youth live in harmony with himself and with the outside world.

The purpose of teaching the «Self-cognition» course is the formation person of perfect character, which based on the eternal moral and spiritual values, living in the unity of thought, word, case. In this regard, it must be remembered the covenants of Kazakh poet, philosopher, composer, educator, thinker, public figure, the founder of Kazakh written literature of the great Abai, who in his time wrote that «the vessel that keeps the mind and knowledge – a person's character. There will be no benefit from the teaching, if there isn't a reliable repository for knowledge» [1, c. 35]. Only a person with an awakened spiritually-moral consciousness can distinguish the eternal values from the temporary, the true from the false, find happiness and make happier others. For achieve inner harmony man must follow to human values in thoughts, words and actions, the values correspond to the following levels of human personality structure:

- the nonviolence – a spiritual level;
- the truth – the intellectual level (level distinction, mind);
- the love – moral level (mental, thoughts, words);
- the calm – emotional level (feeling);
- the righteous behavior – physical level.

This program contributes to students learn a wide range of social roles, life and educational strategies that allow them to fully and comprehensively realize their natural creative potential to achieve success in life in the context of globalization. These skills and knowledge will serve as a basis of achievement of mutual understanding and harmony with people and gain the ability come to help and support others. The moral and spiritual upbringing and education help youth to be optimistic and be confident in their own success, effectively socialize in the process of globalization. The most important in the moral and spiritual education is personality of the teacher, the unity of his thoughts, words, deeds, his personal spiritual quest and desire to improve. Spiritual and moral education based on cooperation of teacher – student, in which should occur transformation not only of the student, but also teachers, as subjects of their own spiritual search.

The teacher stimulates personal climbing of student through his example and create the conditions for spiritual and moral development – this is the basis of self-cognition methods of teaching as a moral and spiritual education. «We should reform the spiritual world of teacher, not the school» told an outstanding teacher-innovator, the founder of Humane Pedagogy Sh. A. Amonashvili [2, c. 105].

Think positive;

Look at the good;

Listen goodness;

Speak good words;

Do good – that's the way to happiness!

That's what self-cognition teach us, find the happiness which was sought by every person in this race of civilization.

In conclusion i would like to emphasize that the self-cognition is the science about yourself, by means of which we begin to realize our true spiritual nature. This is the best science that teaches us to overcome the difficulties of life, gives inner balance, which is not affected by bumps

or the favor of fate. We learn something in common on the lessons of self-cognition, something what we have inside us, person know in him-self conscience, love, truth, commitment to excellence, etc. The study of self-cognition course allows you to find happiness, self-realization, inner peace and harmony.

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